

IOI Oleo GmbH NUTRITION

Your solution for a KETOGENIC DIET

A ketogenic diet, better known as a low-carb diet, is one that is characterised by an extremely low carbohydrate content and is very rich in fat. Due to the low level of carbohydrates, the body burns more fat as a new source of energy. This process is known as ketosis. Lasting weight loss can be achieved through balanced eating habits within a ketogenic diet together with our well known products

MIGLYOL® 812 N (F), WITARIX® MCT 60/40 and WITARIX® MCT 60/40 coconut based.

IOI Oleo GmbH is offering

WITARIX® MCT C8,

an established reference within the industry as well as our new product

WITARIX® MCT C8 pure coconut.

This highlight features 100% coconut.

Both products provide a faster solution for a low-carb diet and perfectly complement our portfolio for food-conscious consumers.

Nutritional Values WITARIX® MCT C8 / WITARIX® MCT C8 pure coconut

	Unit	Per 100 g
Energy	Kcal	896
Protein (Nx6.25)	%	< 0.10
Carbohydrate	0/0	0.71
Fat	0/0	99.20
Fibres	0/0	< 1.00
Salt	mg/kg	< 85.00
Sugar	%	< 0.10

IOI Oleo GmbH is the German branch of IOI Oleochemicals Division. Besides its headquarters in Germany's second biggest city, Hamburg, IOI Oleo GmbH comprises two production sites in Witten and Wittenberge. As one of the leading European suppliers of oleochemical specialties, the company manufactures customised products at both sites and markets them worldwide to the pharmaceutical, cosmetic and nutrition industries.



Hamburg, Germany | +49 40 28 00 31-0 | nutrition@ioioleo.de | www.ioioleo.de